

St Edmund's Way Rainham. Kent ME8 8ET



#### Happy, Helpful, Hard-working

Friday 17th September 2021

Term 1 2021/22

Dear Parents/Carers,

We have had a busy week, with our Reception classes having their first full time week in school and everyone getting used to the transition into their new classes and learning.

Please can we remind everyone that register is taken at 8:55am. All children should be in class and ready to learn by this time. All learning time missed leads to gaps in understanding and knowledge that can have a negative impact on children's achievements at school. We therefore encourage you to ensure good attendance and punctuality so that your child can reach their full potential and be the best they can be. Please remember that your children are still your responsibility until the classroom doors open at 8:45am.

#### Online Safety

During Covid-19 school closures, we all improved our IT skills and spent a lot of time using technology for remote learning, zoom meetings and interacting with family and friends. It is important to know how to keep safe online and what to do if you are worried about someone's behaviour online. Attached is a simple poster to guide you through the important steps to deal with cyberbullying. Remember bullying of any kind will not be tolerated, so let's all be kind online!

### tealthy Eating

Please remember that we are a healthy school. Children should have access to water throughout the day in a named water bottle. Packed lunches should contain no chocolate, and we encourage limiting crisps and sugary snacks and providing fruit and healthy snacks such as rice cakes. We do operate a "Treat Friday" so that these types of items can be enjoyed once per week, which is also in line with the school lunches provided through Chartwells. A reminder that lunches should not contain nuts, including peanut butter and Nutella-type spreads, as we have children in school with severe allergies.

Finally, well done to all the children in Owls Class who sat the Medway Test this week. They showed fantastic Riverside Attitude and great resilience.

Yours sincerely,

Kim Wilmer Headteacher

> This School is committed to safeguarding and promoting the welfare of children, achieving equal opportunities and





combating discrimination.





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### How to Deal with

## Cyberbullying

### 1 Save

any evidence of the bullying and show an adult.

# 2 Block

messages or the person.

Do not respond to them

in any way.



# 3 Log Off

the site where the cyberbullying is happening.

# 4 Talk

to someone you trust about it.

