

Newsletter

Riverside Primary School & Nursery
St Edmund's Way
Rainham,
Kent ME8 8ET



Happy, Helpful, Hard-working

Friday 26th November 2021

Term 2 2021/22

Dear Parents/Carers,



It was lovely to see so many children join in the non-uniform day today and thank you for all the chocolate contributions, which will be used for the chocolate tombola at the Christmas Fayre next Friday. The children have been busy making crafts to sell and our fabulous FoRPS team have been busy making last minute arrangements so that it can take place safely and be a success. Don't forget to pick up your raffle tickets - there are some amazing prizes on offer!

Children from Reception to Owls were offered the flu vaccination this week. Thank you to the nurses who administered the vaccine and well done to all of our brave children! If your child missed this opportunity, please check the school Dojo page for details on how to contact the nursing team, who will be able to assist.

We had another busy school tour after school on Thursday. There are still a few places left on our school tours for the afternoon of Wednesday 8th December, so make sure you book on if you are looking for a place for your child in Reception for September 2022.

The weather has got a lot colder, so please ensure your child is suitably dressed for school, including a coat and school shoes. Please take care moving around the site as there are a lot of leaves which may become slippery. Although the colours look so beautiful, we are doing our best to clear them but there are a lot of trees on our grounds - thank you to Mr St Clair and Mrs Brand for trying to keep on top of this.



A big thank you to all the children who took part in Children in Need last Friday, we raised a total of £237.05.

With the continued monitoring of Covid cases across the school, we have a Coronavirus Outbreak Management Plan that can be found on our website. We will implement the plan when cases hit specific criteria, which helps us to keep everyone safe and minimises the risk of infection spreading. The plan takes account of current DfE guidance and is regularly reviewed. We are also currently using monitors to assess the air quality in all classes and ensure adequate ventilation.

Thank you for continuing to work with us to keep everyone safe in school.

Yours sincerely,

Kim Wilmer
Headteacher

This School is committed to safeguarding and promoting the welfare of children, achieving equal opportunities and combating discrimination.



Mathematics
Mastery



Rainham Mark
Education Trust



Be Mindful

Mindfulness means noticing what is happening right now. What can you see? What can you hear? How does your body feel? What are you thinking? Take time throughout the day to notice what is happening in the moment.

Talk about It!

How are you feeling today? Whether it's a good or a not-so-good feeling, take time to tell someone close to you. It isn't always easy to describe how you feel but it can help to talk about it.

Healthy Body, Healthy Mind

Physical activity, getting enough rest and eating a balanced diet all help to keep your mind healthy as well as your body.

We Are All Unique

Remember – you are one of a kind. No one in the whole world is the same as you. Think of three things that make you special.

Be Kind

Being kind and taking care of your friends and loved ones helps them to feel happy, and can make you feel happier too!

Make Time for Fun

Playing and spending time doing hobbies you really enjoy is a great way to keep your mind healthy and happy!

Ask for Help

We don't have to feel happy all the time. It's ok to feel sad. If you ever need someone to talk to, tell a trusted adult like your parent or carer, or grown-up at school.

