

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Term 1	Fundamentals	Yoga Forest School	Multi-skills Net and wall	Dance Multi-skills	Hockey Netball	Basketball Hockey	Basketball Hockey
Term 2	Ball skills	Gymnastics Forest School	Dance Ball skills	Yoga Netball	Football Yoga	Dance Multi-skills	Tag rugby Netball
Term 3	Gymnastics	Multi-skills Forest School	Gymnastics Target games	OAA Hockey	Gymnastics Tag Rugby	OAA Tag Rugby	Swimming
Term 4	Dance	Ball skills Forest School	Athletics Invasion games	Basketball Kwik cricket	Swimming	Netball Yoga	Kwik Cricket Gymnastics
Term 5	Yoga	Athletics Forest School	Swimming	Athletics Dodgeball	Athletics Dodgeball	Rounders Athletics	Athletics Yoga
Term 6	Games	Striking and fielding Forest School	Yoga Striking and fielding	Football Rounders	Kwik Cricket Basketball	Kwik Cricket Football	Rounders Football